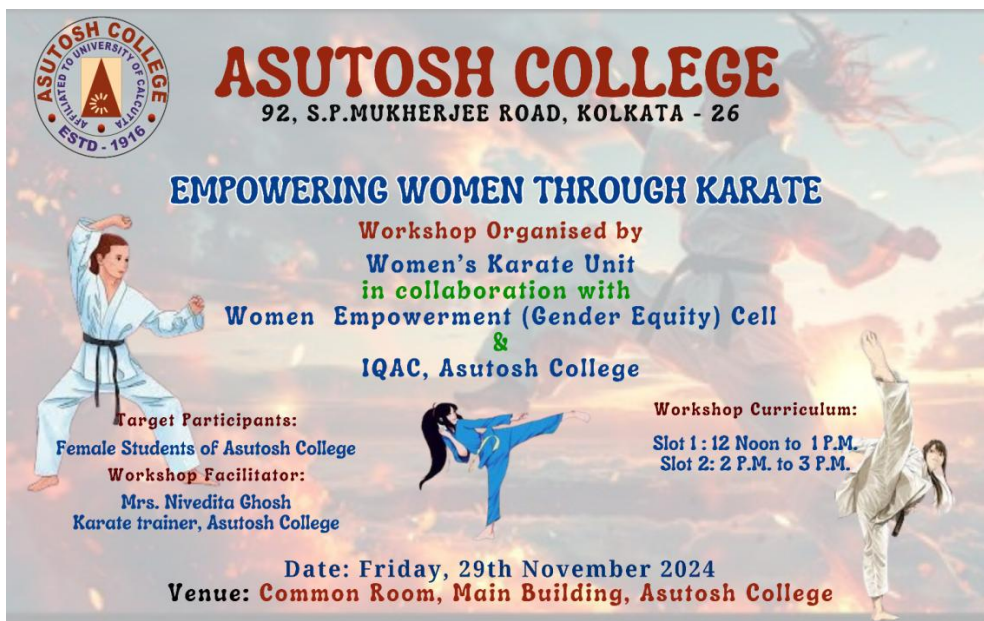


- **Title of the work:** Workshop on Empowering Women Through Karate
- **Theme:** Women empowerment and self defence
- **Organising committee:** Women's Karate Unit
- **Collaboration:** Women empowerment (Gender Equity) cell in association with IQAC
- **Date:** 29.11.2024
- **Venue:** Common room, main building, Asutosh College
- **Time:** 12noon to 3pm
- **Objectives:** to train girl students in Karate and empowering them
- **Resource Person:** Mrs. Nivedita Ghosh, Trainer of Karate unit, Asutosh College
- **Target audience/ participants:** Female students of Asutosh College
- **Brief Description of the programme:** All the members of the organising cells gathered at students' common room to initiate the workshop on Karate for the female students of our college. Students were registered themselves for two different slots (slot1-12 to 1pm and 2pm to 3pm). Fifty-two students were participated in this workshop enthusiastically.
- **Attendance Sheet:** Attached with the report
- **Banner:**



➤ **Geo-tagged Photo:**



Attendance Sheet

Attendance of Slot-1

<u>Name</u>	<u>Phone no (wp no)</u>	<u>Dept</u>	<u>Sem</u>
1) Saketi Chowdhury	7980271921	Biochemistry	Sem-5.
2) Protsi Mondal	7439357612	B.A. Gen	5
3) Payel Mondal	7980157817	Sanskrit	sem-3
4) Sujani Ghosh	9330732615	Mass Com & Journalism	Sem I
5) Yousumi Bora	8420244639	honore	Sem-I
6) Joyshu Maskan	6291427764	Mass Com	Sem-1
7) Hiritha Ghosh	7603022485	Mass Com & Journalism	Sem 1
8) Dakshina Maika	9836210507	Mathematics	Sem-5
9) Ritupriya Halder	7363910343	Maths	Sem-3
10) Samadrita Hore	9239015282	Maths	Sem-3
11) Arpita Barman	7047312412	Maths	Sem-3
12) Bija Agarwal	7001698661	Maths	Sem-3
13) Tanushree Dutta	8274079230	Maths	Sem-3.
14) Anulekha Dutta	907 9123357207	Statistics	Sem-3
15) Madheemita Kar	8910301758	English	Sem-3
16) Ishita Das	9748294719	English	Sem-3
17) Sanyata Roy	9883048920	Statistics	sem-3
18) Ankana Pal	9432557978	Statistics	Sem-3
19) Netranjana Ghosh	6289993272	Statistics	Sem-3

Slot - II

Name	whatsapp no	Pept	Sem
1) Susneha Majumder	8972791007	Geography	3
2) Shalupa Paul	7919117998	Geography	3
3) Joyeeta Mukherjee	9073406450	Geography	3
4) Ankita Mondal	7074635735	geography	3
5) Chandrani Banerjee	6290386316	Geography	3
6) Aishwari Guka	7439665177	Economics	3
7) Hritika Ghosh	7603022485	Journalism	1
8) Debanjan Das	6291726510	Environmental Sc	3
9) Samotriya Mandy	9903976936	Environmental Sc	3
10) Munnu Dey	8777636738	Environmental Sc	1
11) Sumita Bhadran	7439126276	B.Sc. General	1
12) Suman Halder	9907392870	B.S.C General	1
13) Saloni Kumari	6290196297	BBA	3
14) Payel Saha	8017463467	BBA	3
15) Anushka Dey	9123014315	BBA	3
16) Komolika Sanyal	7044077129	B.Sc. Maths	3
17) Ankita Das	8777823720	BBA	I
18) Rupsa Ray	9749704052	BSC General	1
19) Sneha Saha	8617201693	Stat. Hons.	5
20) Adhara Mondal	9674900237	Statistics Hons	5
21) Madhusree Dhanu	7890782004	Statistics Hons	5
22) Bidisha Sen.	7980847268	B.A General	1
23) Shatabdipa Majumder	8981206526	BBA	1
24) Insha Mahboob	6289764130	BSC	1
25) Yumika Chelley	9064527050	BSC	1
26) Ahana Das	7699485741	BSC	1
27) Rishika Das	8240604686	BSc	1
28) Tamanna Biswas	9679754661	CMEV	1 3

Slot - II

29.	Niketa Roy	6295553620	CMEV	3
30.	Rupsha Adhikary	9007706668	CMEV	3
31.	Pritha Roy	6290786508	CMEV	Sem-3
32.	Adrija Bhadury	9123707300	Statistics	Sem 5
33.	Saheli Sen	7044614686	Statistics	Sem 5

- **Expected Outcome:** Self-defence becomes very important aspects for all especially for the women. Karate is one of the important skills one can learn to protect her and others. This awareness cum training programme therefore received very positive response from the students.